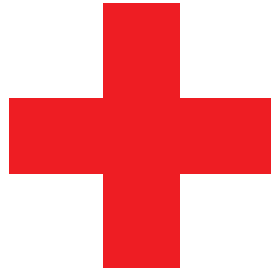


# BATTLEFIELD

## CASUALTY DRILLS



### AIDE MEMOIRE

ARMY CODE 71638

FIFTH EDITION  
JANUARY 2007

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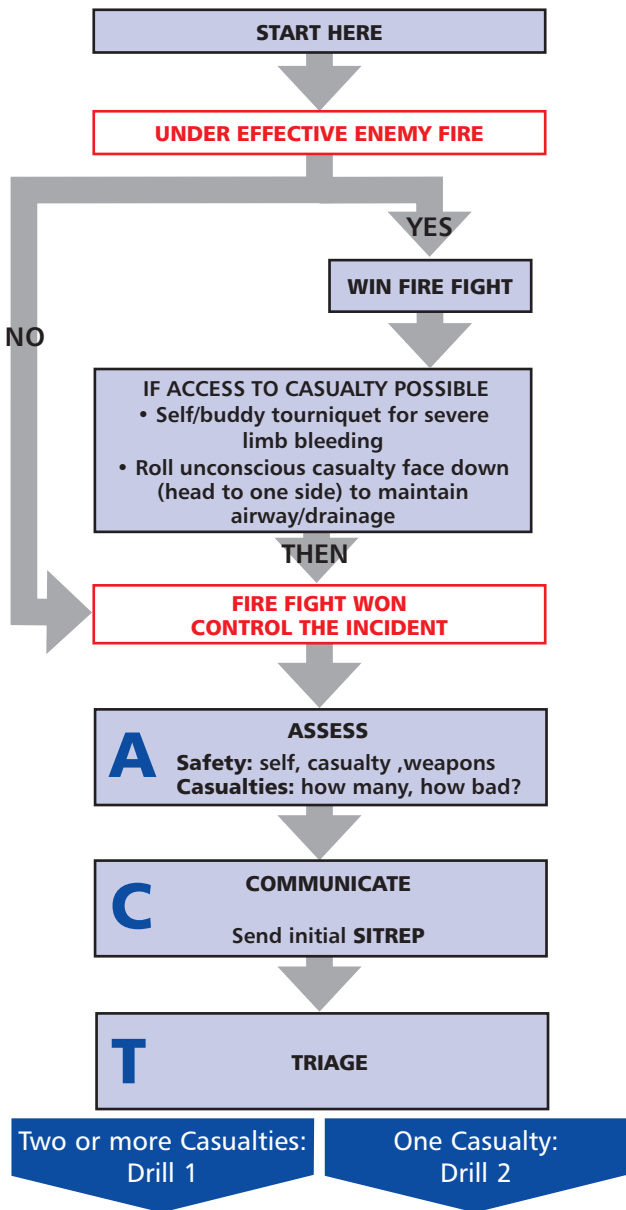
### **WARNING**

Disposable gloves to be worn where possible to prevent cross infection of blood borne diseases

### **WARNING**



# MASTER DRILL



# MASTER DRILL

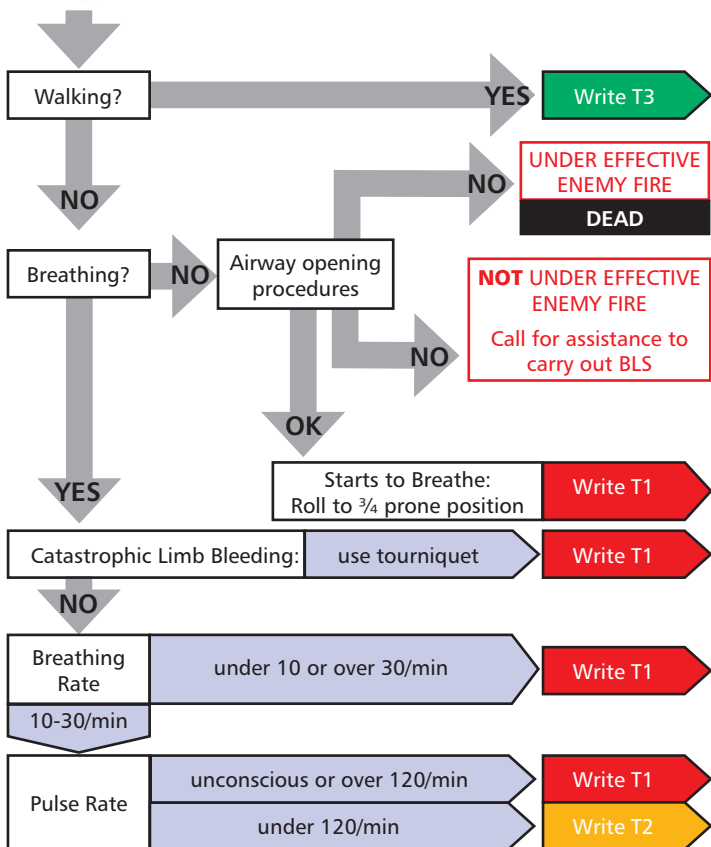
# DRILL 1

## MULTIPLE CASUALTIES

You must triage all casualties before treatment

1. Assess the priority
2. Write it on Casualty's cheek or where visible
3. Move to next casualty

**START  
HERE**



**go to DRILL 2**

# DRILL 1

# DRILL 2

## INJURED SOLDIER



### CATASTROPHIC BLEEDING

LIMB

OTHER

Apply CAT tourniquet

- Pack wound with field dressing.
- Press hard into the wound with fingers/knuckles

If catastrophic bleeding continues  
SEEK IMMEDIATE SUPPORT FROM TEAM MEDIC then

NO

### A

Shake and shout,  
any response?

YES

### B

Check breathing

OK

### C

Check for bleeding,  
breaks and burns

NO

GO TO

Drill 3

DIFFICULTY

GO TO

Drill 4

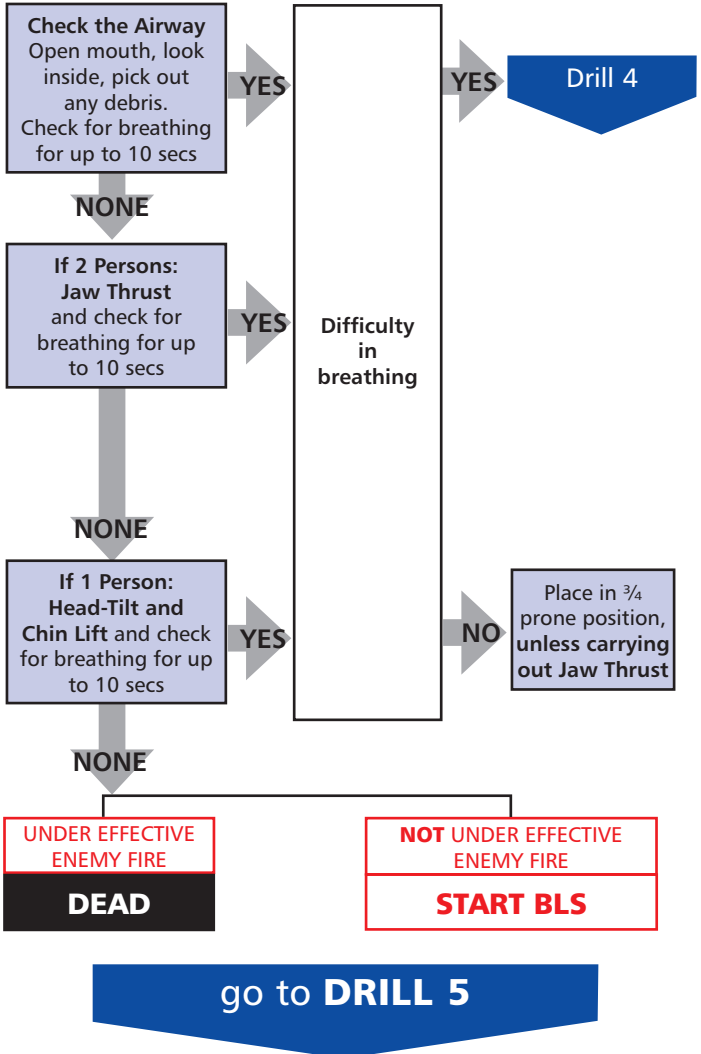
GO TO

Drill 5

# DRILL 2

# DRILL 3

## UNRESPONSIVE SOLDIER



# DRILL 3

# DRILL 4

## DIFFICULTY BREATHING

If not already done check the AIRWAY, open mouth and look inside. Pick out any debris.

If difficulty continues consider the following reasons:

### Airway Burn

- Swelling
- Burn in the mouth or tongue blisters
- Hoarse voice
- Coughing up sooty spit

Maintain Airway and treat with sips of water

**EARLY EVAC ESSENTIAL**

### Chemical Contamination

Follow CBRN Drills

### Sucking Chest Wound

Apply Chest Seal

If reduced level of response place in  $\frac{3}{4}$  prone position

go to **DRILL 5**

# DRILL 4

# DRILL 5

## BLEEDING

**Full body check for bleeding, breaks and burns  
DO NOT remove embedded foreign objects**

### IF BLEEDING

1. Apply a field dressing to the wound
2. For large wounds pack the wound with a dressing
3. Apply pressure through the dressing into the wound
4. Secure the dressing in place
5. Elevate bleeding limb (above heart level)

### IF STILL BLEEDING

Apply a second field dressing **OVER** the first

- If tourniquet applied during care under fire, gently release tourniquet and assess if bleeding can be controlled by pressure through dressings and elevation

- If tourniquet is still required write **T** where visible and record time

### ABDOMINAL WOUNDS

- Do not push protruding organs back into place
- Do not give any food or drink
- If organs protruding apply wet dressing
- If no protrusions apply firm dry dressing and support casualty in comfortable position

**INTERNAL BLEEDING SUSPECTED  
(if no further injury)**

go to Drill 10

Pain relief if required

go to Drill 8

go to **DRILL 6**

# DRILL 5

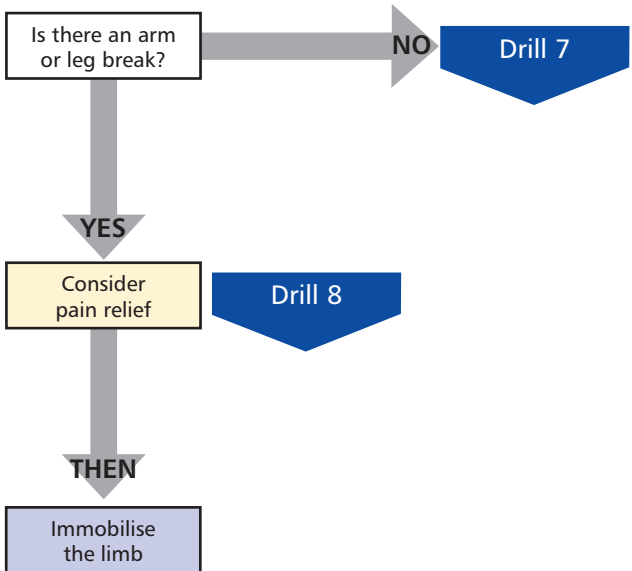
# DRILL 6

## BREAKS AND DISLOCATIONS

**Treat dislocations the same as breaks**

Suspect a break or dislocation if there is:

- History of trauma
- Bruising
- Pain
- Swelling over a bone or joint
- Reduced or loss of movement
- Deformity of the bone or joint



go to **DRILL 7**

# DRILL 6



# DRILL 7

## BURNS

Apply water to cool the burn

**DO NOT** cover the whole  
body in cold water

**THEN**

If NOT airway burn consider  
pain relief

Drill 8

**THEN**

- **Lightly** cover skin burns with field dressing(s)
- If phosphorous present - remove
- Cover phosphorous burns with a wet dressing and keep wet

go to **DRILL 9**

# DRILL 7

# DRILL 8

## PAIN RELIEF

**DO NOT Give Morphine without medical advice if there is:**

- A reduced level of response
- Difficulty breathing
- A head injury

**Give Morphine for:**

- Breaks/dislocations of arms or legs
- Painful burns
- Bullet, fragment or stab wounds of the abdomen or limbs

1. Place Morphine auto-injector against upper thigh, remove safety pin, press and hold for 10 seconds, then remove auto-injector, then break needle off
2. On the cheek write 'M' and the time using 24 hour clock

**THEN**

Return to either:

Bleeding:  
Drill 5

Breaks:  
Drill 6

Burns:  
Drill 7

# DRILL 8

# DRILL 9

## COLD INJURY & HEAT ILLNESS

**Think about Hypothermia when the individual :**

- Has been exposed to cold and wet
- Is unresponsive and their treatment is delayed
- Is pale and cold to touch



**ACT**

1. Remove from the cold, strip off any wet clothing and dry body
2. Keep warm in sleeping bag/other insulator
3. Move into a building, or a running vehicle
4. If conscious give warm drinks and hot food (if no further injury)

**Think about heat illness when the individual :**

- Has done heavy exercise
- Is tired and confused
- Is red, and hot to touch



**ACT**

1. Remove from heat, strip off heavy clothing, elevate feet if conscious
2. Drizzle cool water over remaining light clothing and fan air onto casualty
3. If conscious get them to drink cool water

**go to DRILL 10**

# DRILL 9

# DRILL 10

## EVACUATION RULES

### Life threatening considerations:

- Unresponsive
- Upper airway burn
- Breathing difficulties
- Severe external bleeding
- Tourniquet applied
- Signs of internal bleeding

Evacuate as

T1

All Walkers

Evacuate as

T3

All Others

Evacuate as

T2

### Send final CASREP to include:

Number of Casualties

Confirm your Grid Reference

Priorities

T1

T2

T3

Estimated time of arrival and type of medical evacuation

Additional space on Notes page

go to **DRILL 11**

**DRILL 10**

# DRILL 11

## PRE-EVACUATION CARE RULES

**After final CASREP carry out the following care drills:**

1. Ensure your casualty is protected from the weather
2. Look for signs and symptoms of shock (pale colour, sweaty skin, fast and weak pulse) and treat with:
  - Reassurance
  - Warmth
  - Rest
  - Fluids if safe

**Give 2nd Morphine after 30 minutes if required (Drill 8)**

Place in alternate  $\frac{3}{4}$  prone position after 30 minutes

Repeat triage (Drill 1) while awaiting evacuation.  
Priorities may change.

go to **DRILL 1**

# DRILL 11

# NOTES

A large, empty yellow rectangular area with a thin black border, occupying the central portion of the page. It is intended for taking notes.

# NOTES

# EQUIPMENT

FILL IN THE BOXES AS PER UNIT SOPS

## INDIVIDUAL DEPLOYMENT EQUIPMENT SCHEDULE

First field dressing x 2  
Morphine Auto-injector x 2  
CAT tourniquet x 1

## TEAM MEDIC SECTION MEDICAL EQUIPMENT

Team Medic will carry the section's additional medical equipment

EQUIPMENT







You must always start at the MASTER DRILL

Start at the top of each page and work down

The following rules apply:

Red boxes  
are **WARNING**

Blue boxes  
are **ACTIONS**

Drill 5

Yellow boxes  
are **ADVICE**

Grey arrows are  
general directions

Directions to  
another DRILL

**BLS = BASIC LIFE SUPPORT**

**INSTRUCTIONS FOR USE**

**Initial SITREP**

**Casualty Numbers:**

**Your Grid Reference:**