

Table 2: Outline of Royal Marines Young Officer training at CTCRM by Month

Month	Description
1	<ul style="list-style-type: none"> • Joining routine • Issuing of all kit and equipment • Briefings on RMYO course and general etiquette in the mess and around camp • Introduction to the gym and Physical Training • Introduction to drill (marching) • Introduction to the SA80 A2 rifle • Overview of the Royal Marines • Kit husbandry – Including the folding, ironing and laying out kit and clothing • Introduction to map reading • A visit to the Royal Marines Museum • Packing a military Bergan (standard issue rucksack)
2	<ul style="list-style-type: none"> • Exercise First Stop – learning basic field craft including hygiene, navigation and moving at night • Signals Training • Field exercise – learning about camouflage and concealment skills, section attacks and night navigation • Live firing on the ranges.
3	<ul style="list-style-type: none"> • Introduction and training on the General Purpose Machine Gun (GPMG) • First Aid training • Exercise Lost Tribe – a Dartmoor navigation exercise • Chemical Biological Radioactive and Nuclear training • Visit to Dartmouth Naval College for one week of military studies • Further weapons training
4	<ul style="list-style-type: none"> • Exercise Eye Opener – a navigation based exercise • Map Reading exams • Grenade lessons • Leadership lessons • Introduction to the 9mm pistol • Complete physical training in the gym and on to the Lymptone assault course in the Bottom Field

5	<ul style="list-style-type: none"> • Exercise Quick Draw – an exercise with the Artillery units of the Royal Marines • Introduction to Orders • Education on the Geneva Convention
6	<ul style="list-style-type: none"> • Start of Offensive Operations package • Introduction to Basics Tactics package - observation Posts, patrolling and battle drills • Confirmatory exercise
7	<ul style="list-style-type: none"> • Exercise Early Bird at Okehampton – covering orders, troop attacks and vehicle anti-ambush drills • A visit to Royal Marines facilities at Poole – an introduction to the Corps' amphibious asset, and boat drills in both daytime and night time scenarios • A visit to a Commando Unit • Underwater and Helicopter Escape drills
8	<ul style="list-style-type: none"> • Exercise Dragon Storm in Wales – covering patrols and troop attacks • Introduction to mines and munitions • Continuation of training on assault course • Various speed marches
9	<ul style="list-style-type: none"> • The start of the Defensive Operations package • Fighting In Built Up Areas • Fighting In Built Up Areas exercise • Artillery and mortar live firing • Introduction to the Endurance Course and Tarzan Assault Course • Lessons on Organisation and Role of the Army
10	<ul style="list-style-type: none"> • Lessons on Battlefield Technologies • Exercise Crash Action – a three week exercise prior to start of the Commando Course. The exercise will involve the use of amphibious assets, helicopters and simulated attacks on Dartmoor and in Wales.
11	<ul style="list-style-type: none"> • The start of the Commando Course • Four Commando tests to be completed in consecutive order, including; Endurance Course, Nine Mile Speed March, Tarzan Assault Course and finishing off with the Thirty Mile Run. • Continuation of Tactics and Doctrine training • Anti-Armour training • Urban and Rural patrolling

12	<ul style="list-style-type: none"> • Exercise Swiftfoot – Fighting In Built Up Areas exercise • Thirty minute presentations given by the Young Officers • Deployment for three weeks to the USA on Exercise Virginia Tempest
13	<ul style="list-style-type: none"> • Lessons on organisation and roles of the Commando Units • Introduction to life in a Commando Unit • Adventurous Training • Introduction and training with the Viking, the Corps' all-terrain vehicle
14	<ul style="list-style-type: none"> • A tour of Royal Military Academy at Sandhurst • Conduct live fire shooting packages • One week at Dartmouth Naval College for military studies • Battlefield Tour
15	<ul style="list-style-type: none"> • Lessons on report writing • Introduction to recruit training • Exercise Final Nail – the culmination of everything that has been taught throughout training
15 ½	<ul style="list-style-type: none"> • Conduct Sword Drill • Conduct Drill practice • Receive final reports • Take part in the King's Squad Pass Out Parade

Table 3: Outline of Royal Marines Young Officer training at CTCRM by Phase

Phase	Description
Initial Training	<p>This nine-week period covers basic training in drill and weapon handling and places great emphasis on developing personal fitness and looking after personal equipment. Pressing clothes and polishing boots after a hard day's work can be time consuming and tiring but individual's will soon learn its importance and accept the daily routine. Equally, time spent in the gym, progressively improving fitness, will pay off in the physically taxing months ahead. RMYOs will learn about the customs of the Service, the role of the Corps and their responsibilities as an officer, as well as map reading, field craft, first aid and signals. Several short visits to the Britannia Royal Naval College at Dartmouth will help RMYOs to understand the maritime traditions of the Royal Marines.</p>
Military Training	<p>In this second phase of training the emphasis shifts from individual training. For the next 13 weeks RMYOs work in sections of eight men and then troops of 28 men. The physical tempo speeds up as RMYOs progress from the gym to tackling the Assault Course. RMYOs will complete speed marches with kit and 'yomp' across Dartmoor and other training areas with up to 70lbs of equipment. The exercises become increasingly realistic – RMYOs learn to organise troop movements to show Their tactical ability in advance, attack, withdrawal and defence, eventually putting practical plans into practice. RMYOs also become familiar with skills such as Operations in Built Up Areas and Counter Revolutionary Warfare.</p> <p>Weapon training involves firing live troop weapons, including 51mm mortar and 94mm Light Anti-Tank Weapons. RMYOs academic syllabus expands to include military law and its use, current affairs, information technology, and nuclear, biological and chemical defence. RMYOs also learn how to write Service papers on a variety of military subjects and how to plan their own military training packages.</p>
Amphibious Training	<p>After military training RMYOs will spend a concentrated week at RM Poole, which will introduce them to amphibious warfare. The history of amphibious warfare and case studies are examined and RMYOs will become familiar with the daytime theory and drills associated with amphibious warfare. RMYOs will undergo practical training on raiding and landing craft and attend a familiarisation day with the Special Boat Service.</p>

Phase	Description
Commando Course	<p>After amphibious training RMYOs will begin this four week course - a crucial milestone in their career. RMYOs will undergo increased physical training along with practical amphibious and patrolling exercises. RMYOs will also receive education in survival techniques.</p> <p>The course culminates in Commando Test Week, which includes a nine-mile speed march, the Endurance Course, the Tarzan Assault Course, and the 30 miler - all of which the RMYO must complete with 32lbs of kit on their back.</p> <p>When the RMYOs have successfully completed the last test - the 30-miler - they will receive the coveted Green Beret. It is a fitting reward for the RMYOs hard work and commitment and proof of their fitness and self-confidence. This last test is a good example of what the Royal Marines require from their RMYOs. Recruits have eight hours to complete the 30-miler, a RMYO is allowed only seven hours.</p>
Advance Military Training	<p>The last phase of training includes some Resource and Initiative training, a live-firing range package based on instruction and supervision techniques, a number of acquaints on board Royal Naval ships, and a 10-day final exercise, the culmination of all the RMYOs training to date. During this period, RMYOs will also be expected to consolidate of their man-management skills, a vital asset when appointed to their first troop command after the Pass Out Parade.</p>