

**Table 1:** Example outline of Royal Marines recruit training at CTCRM

<b>Week</b>	<b>Purpose</b>	<b>Description</b>
<b>PHASE ONE TRAINING</b>		
1	Introductions	Foundation Module: joining routine; Mathematics and English tests; gym and swimming assessment; administration; kit issue; and drill and physical training.
2	Field Conditions	Foundation Module: Exercise First Step; drill and physical training; Personal administration; and close quarter combat (CQB).
3	Tactics & Weapons Training	Foundation Module: weapon training; drill; physical training; and families' day.
4	Physical Training	Foundation Module: weapon training; physical training and swimming; drills and Corps history; and Exercise Early Knight.
5	Camp & Field Work	Foundation Module: weapon Training (including weapon handling tests); physical training and runs; map reading; Exercise Quick Cover (3-day exercise including basic field craft and close quarter battle).
6	Basic Shooting Skills	Foundation Module: first aid; rifle shoot; physical training; and map reading.
7	Basic Infantry Skills	Exercise Marshall Star (3 ½-day exercise) covers basic field craft and soldiering skills (including obstacle crossing) and CQB. 5-mile load carry back to camp.
8	Physical & Survival Training	Drill; physical training; map reading; and first aid and survival training.
9	More Weapons Training & Introduction to Education Qualifications	Drill; physical training; map reading; first aid exam; and light support weapon (LSW) training and shoot.
10	Navigation & Survival Training	Exercise Hunter's Moon (4-day exercise) field craft; navigation training; map reading; and survival exercise (long weekend).
11	Live Firing & Rifle Application	Live firing: rifle elementary application to annual Personal Weapons Test (combat infantryman) (also computer simulation shoots).
12	Shooting Training	Light support weapon auto shoot: LSW annual Personal Weapons Assessment (moving targets/night sight).
13	Communication & CBRN Training	Chemical Biological Radiological Nuclear (CBRN) training; communications training; grenade throwing; and helicopter & underwater escape drills.
14	Perfect Navigation & Field Skills	CBRN; Exercise Baptist Run (2-day field test exercise) - to test all skills taught in phase 1 - includes stalking, kit inspections, map reading, CBRN and signal tests; fit Lovats uniform & blues uniforms; and physical training.
15	A Major Exercise	Communications training; first drill inspection and arms drill pass out and phase 1 pass out parade; and introduction to battle physical training.

<b>Week</b>	<b>Purpose</b>	<b>Description</b>
<b>PHASE TWO TRAINING</b>		
16	Infantry Skills	Exercise First Base: tactical field patrols race; and observation posts and harbour drills.
17	Soldiering Skills & Tactical Training	Exercise Second Empire: section and troop level attacks, and troop fighting patrols and ambushes.
18	Patrol & Tactical Understanding	Viking training, and troop attacks and ambushes.
19	Weapon & Adventure Training	General purpose machine gun (GPMG) training and battle physical training.
20	Multi-Terrain Vehicle & Tactical Training	Exercise Urban Warrior (OBUA drills) and mine warfare training.
21	Weapons Training & Lectures	Battle physical training, and defence lectures and CBRN.
22	Yomping	Long distance march carrying full kit.
23	Fighting & Battle Skills	Fighting in Built-up Areas (FIBUA) and CQB skills exercise.
24	Weaponry Training	Minimi light machine gun (LMG) training; endurance course acquaint; and key skills period ends.
25	Amphibious Training	12 Mile Load Carry; amphibious training; minimi LMG firing (AWA); sea safety training; and visit RM museum.
26	Mountain Skills & Final Exercise	6 Mile Speed March (MSM); cliff assault & rope techniques; water obstacle crossing; Tarzan assault course acquaint; and final exercise starts (15 km insertion Yomp overnight).
27	Final Exercise Completes	Final exercise ends and specialisations brief (long weekend).
28	Classes & Tarzan Assault Course	Tarzan assault and endurance course run-throughs; drill and career advice.
29	Live Fire Tactical Training	Field firing exercise 1 (individual and fire team level live firing).
30	Live Firing & Endurance Course	Live firing tactical training phase 2 and endurance course pass out.
31	Commando Test Week	Commando Tests (Endurance course, Tarzan aerial assault course, 9 MSM, 30-miler); drill; and church service.
32	Final Week of Training	King's Squad Pass Out Parade and leaving administration.