



INFANTRY TRAINING CENTRE CATTERICK



COMBAT INFANTRYMAN'S COURSE PERSONAL DOCUMENTATION AND KIT LIST

In order to arrive suitably prepared to start the Combat Infantryman's Course there is a requirement to bring a number of items with you:

Documentation

You should bring the following documentation with you:

- Passport (if held)
- Birth certificate
- National Insurance card
- Driving licence (both parts)
- Education and Qualification certificates (NVQ etc)
- Marriage certificate and children's birth certificates (if married or if you have children)
- NHS card
- Bank account details – you should open a bank account before reporting.
- P45 – if issued
- Any relevant legal documents (relating to divorce, custody etc)

Personal Hygiene

Becoming an Infantryman involves hard physical work often in dirty conditions. It is important that you maintain a good level of personal hygiene for your own health and the comfort of those that are sharing accommodation with you.

ITEM	REMARKS	CHECK LIST
Wash kit bag		
Shower gel / Soap and soap dish		
Shampoo		
Shaving gel/foam		
Wet razor	Detachable heads with spare blades	
Toothbrush		
Toothpaste		
Large bath towels	At least 2	
Face flannel		
Nail clippers/scissors		
Cotton buds		
Foot powder		
Nail brush		
Clothes/washing powder		
Deodorant		
Comb/hair brush		
Personal first aid kit	Plasters, aspirin etc	
Medication	As required	

Clothing

Do not bring lots of civilian clothes. You do not get many opportunities to wear them during the first few weeks of training. You can collect more clothes from home during your first long weekend.

You are to bring the items below:

ITEM	REMARKS	CHECK LIST
One set of smart civilian clothes	Jacket, smart trousers, shoes, shirt and tie	
Civilian over jacket/coat		
Casual civilian clothes		
Swimming trunks		
Flip flops/shower shoes		
Underwear	Sufficient for 7 days	
Sports underwear		
Handkerchiefs		
Nightwear	Optional – you will be sharing a room	
Civilian holdall/suitcase		

Miscellaneous Items

There are a number of items that will make life easier for you during your time at ITC Catterick. Items with an asterisk (*) are compulsory.

ITEM	REMARKS	CHECK LIST
Sewing kit*	Including black thread and safety pins/needles	
Wrist watch*	Practical, not expensive	
Alarm clock		
Envelopes and stamps	Writing pad	

NB: You will be provided with sheets, pillows and blankets. Duvets are allowed after the first long weekend of the course. (Issued sheets and blankets are found to be more hygienic as they are laundered free on a weekly basis).

Personal items

You are welcome to bring a mobile phone, family photos, iPod, CD player and other items for your personal use. You will not have a great deal of personal time in the initial few weeks, and by the first long weekend you will have a better idea of what you might want to bring back with you. Do not bring expensive valuables such as jewellery.